

4 THINGS A DAY | SPACE IN YOUR LIFE

♥ CHOOSE YOUR INTENTION FOR TODAY

- I am thankful for whatever happens today
- I will relax into the moment today
- I choose to only listen to my intuition today
- I will enjoy the wildness of my mind today
- I treasure the past, honour the present & look forward to the amazingness yet to come
- I will embrace all the colours of what I feel today

♥ MY 4 AIMS TODAY ARE
